

## The Contribution of *MMP-7* Genotypes to Colorectal Cancer Susceptibility in Taiwan

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**Abstract.** *Background/Aim:* Matrix metalloproteinases (MMPs) play important roles in inflammation and carcinogenesis, but the genotypic role of *MMP-7* has never been investigated in colorectal cancer (CRC) among the Taiwanese. Therefore, in this study we aimed to evaluate the contribution of *MMP-7* genotypes to the risk of CRC in Taiwan. *Materials and Methods:* In this case-control study, *MMP-7* A-181G and C-153T promoter genotypes were determined and their association with CRC risk were investigated among 362 CRC patients and 362 age- and gender-matched healthy controls. In addition, the interaction of *MMP-7* genotypes and personal behaviors were also examined. *Results:* The percentages of variant AG and GG for *MMP-7* A-181G genotypes were 10.5% and 1.7% in the CRC group and 11.9% and 2.2% in the control group, respectively ( $p$  for trend=0.7145). The allelic frequency distribution analysis showed that the variant G allele of *MMP-7* A-181G

conferred a slight but non-significant decreased CRC susceptibility to the wild-type C allele (odds ratio (OR)=0.86, 95% confidence interval (CI)=0.64-1.31,  $p=0.37$ ). Taiwanese all harbour the CC genotype at *MMP-7* C-153T. As for the gene-lifestyle interaction, there were no obvious joint effects of *MMP-7* A-181G genotype on the risk of CRC among ever smoker, alcohol drinker, non-smoker or non-drinker subgroups. No statistically significant correlation was observed between *MMP-7* A-181G genotypic distributions and age, gender, tumor size, location or metastasis status. *Conclusion:* The genotypes of *MMP-7* A-181G may play an indirect role in determining personal susceptibility to CRC and prognosis. The further genotyping work on *MMP-7* and other genes (such as other MMPs, oncogenes and tumor suppression genes) on CRC susceptibility and prognosis, should be taken into consideration spontaneously in the precision medicine era.

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Colorectal cancer (CRC) has been one of the leading causes of cancer associated with significant morbidity and mortality worldwide (1, 2). Globally, CRC is the third most common cancer among males and the second among females. Nevertheless, CRC incidence and mortality rates vary markedly across the globe with regional differences that can sometimes be 10-fold (1, 2). In Taiwan, the incidence and mortality of CRC has occupied the first and third places among the common types of cancer for many years and its high incidence has been proposed to be closely associated with dietary changes to Western food style and a decreased consumption of dietary fiber or grain-made foods. From the epidemiological viewpoint, studies have attributed more than

85% of CRC etiology to risk environmental factors, particularly meat consumption, cigarette smoking, exposure to carcinogenic aromatic amines, such as arylamines and heterocyclic amines (3, 4). Statistically, 15-20% of CRC cases are with strong familial cancer history that have interested the molecular epidemiologists to figure out additional genomic susceptibility factors (5-7). In Taiwan, although specific biomarkers for CRC prediction and detection have been reported in the decade (8-12), the interactions among the genomic and environmental risk factors, such as smoking and alcohol drinking are mostly unknown.

In our body, *MMP-7* has been found to be constitutively produced from the epithelial cells of mammary and parotid glands, pancreas, liver, prostate and peribronchial glands of the lung (13). From the results of the promoter assay in 2001, the basal promoter activity was higher in promoter constructs harboring the combination of the two rare alleles of *MMP-7* at A-181G (rs11568818) and C-153T (rs11568819) (14), and these genotypic polymorphisms were associated with altered risk of coronary artery dimensions (14). In cancer genomic association studies, the genotypic polymorphisms of *MMP-7* were investigated of their association with many types of cancer, including oral, lung, breast, esophageal, gastric, gallbladder, bladder, cervical cancer, astrocytoma, childhood leukemia and renal cell carcinoma (15-27), and colorectal cancer (28, 29).

Horvat and colleagues found that higher frequency of GG genotype at *MMP-7* A-181G (rs11568818) was found among the CRC patients with T3/T4 stage, N1/N2 stage and with lymphovascular invasion (29). Although the genotype and allele frequencies of *MMP-7* A-181G did not differ between control and colorectal cancer groups or any clinicopathological parameters, the combined *MMP7-181A-MMP1-1,607dupG-MMP3-1,171A-MMP12-82A* haplotypes were significantly more frequent in CRC patients than in healthy controls (28). It seems that there may be differential effects of *MMP-7* genotypes on CRC susceptibility among different ethnicities, and more investigations are needed to figure out the contribution of *MMP-7* genotypes to CRC risk. In light of the above, we conducted a hospital-based case-control study to investigate the genotypes of *MMP-7* firstly among Taiwanese and examine the association of *MMP-7* genotypes with the risk of CRC in a representative Taiwanese population.

## Materials and Methods

**Investigated population.** The target population included 724 subjects (362 CRC patients and 362 controls). Patients diagnosed with CRC were recruited at the outpatient clinics of general surgery during the period of 2002 and 2008 at the China Medical University Hospital by the excellent surgery teams under the supervision of Jeng L.B. and Yang M.D. The clinical characteristics of patients, including histological details, were all graded and defined by expert surgeons (8-11). All participants have completed a self-administered questionnaire and provided a 5-ml sample of peripheral blood for

genotyping work. An equal number of non-cancer healthy volunteers were selected as controls by matching for age, gender and some indulgences after initial random sampling from the Health Examination Cohort of the Hospital with the help of colleagues in the Department of Family Medicine. The exclusion criteria of the control group included previous malignancy, metastasized cancer from other or unknown origin and any familial or genetic diseases. This study was approved by the Institutional Review Board of the China Medical University Hospital (IRB project identification coding number: DMR99-IRB-108) and written informed consents were obtained from all the participants with the help of Tissue Bank of China Medical University Hospital. The selective demographic information for the participants is summarized in Table I.

**Genotyping conditions.** Genomic DNA was extracted from peripheral blood leukocytes with a QIAamp Blood Mini Kit (Blossom, Taipei, Taiwan), stored long-term at  $-80^{\circ}\text{C}$ , diluted and aliquoted for genotyping as a working stock at  $-20^{\circ}\text{C}$  as we frequently conducted (30-32). The *MMP-7* genotyping methodology including the designing of the specific primers and the selection of restriction enzymes, were exactly the same as our currently published papers (17, 25, 27). Concisely, the polymerase chain reaction (PCR) cycling conditions were: one cycle at  $94^{\circ}\text{C}$  for 5 min; 35 cycles of  $94^{\circ}\text{C}$  for 30 s,  $59^{\circ}\text{C}$  for 30 s and  $72^{\circ}\text{C}$  for 30 s, and a final extension at  $72^{\circ}\text{C}$  for 10 min. The genotyping PCR for *MMP-7* A-181G was conducted using the forward 5'-TGGTACCA TAATGTCTCTGAATG-3' and the reverse 5'-TCGTTATTGGCA GGAAGCACACAATGAATT-3' primer pairs. The obtained 150 bp PCR products were then digested with EcoRI and resulted in two fragments of 120 and 30 bp when the G allele was present. In the presence of the A allele, the 150 bp fragment remained intact. As for the *MMP-7* C-153T, direct sequencing PCR was conducted with the same primers as for *MMP-7* A-181G. After amplification, the PCR products were subject to digestion and separation using 3% agarose gel electrophoresis. All the genotypic processing was repeated by two expert researchers independently and blindly, and their results were 100% concordant to each other. In addition, the success rate of PCR-restrictive fragment length polymorphism (RFLP) is 100%, and the genotypes of 5% of the participants in both the control and CRC patient groups were analyzed by PCR direct sequencing (Genomics BioSci & Tech Co). The concordance between direct sequencing and PCR-RFLP methods was 100%.

**Statistical analyses.** The Student's *t*-test was applied for the comparison of ages between the CRC cases and the control groups. Pearson's Chi-square or Fisher's exact test (when any cell analyzed was less than 5, such as those in Tables IV-VI) was applied to compare the distribution of the *MMP-7* genotypes among the subgroups. The associations between *MMP-7* genotypes and CRC risk were estimated by computing odds ratios (ORs) and their 95% confidence intervals (CIs) from logistic regression analysis. Statistically, any difference at  $p < 0.05$  was taken as significant between the two groups compared.

## Results

The frequency distributions of selected demographic characters, including age and gender for the 362 CRC patients in the case group and 362 non-cancer healthy subjects in the control group, are summarized and compared

Table I. Summary of selected data from 362 patients with colorectal cancer and 362 matched non-cancer healthy controls.

Characteristic	Controls (n=362)		Cases (n=362)		p-Value <sup>a</sup>
	n	%	n	%	
Age (years)					
≤60	93	25.7%	95	26.2%	0.8654
>60	269	74.3%	267	73.8%	
Gender					
Male	209	57.7%	203	56.1%	0.6525
Female	153	42.3%	159	43.9%	
Tumor size (cm)					
<5			195	53.9%	
≥5			167	46.1%	
Location					
Colon			257	71.0%	
Rectum			105	29.0%	
Lymph node metastasis					
Negative			210	58.0%	
Positive			152	42.0%	

SD, <sup>a</sup>Standard deviation; abased on Chi-square test without Yates' correction.

in Table I. In addition, tumor size, location, and lymph node metastasis status are also summarized and compared in Table I. Since we applied frequency matching to recruit non-cancer healthy subjects as controls, the results showed that there was no difference in respects of the distributions of age and gender between the control and case groups ( $p=0.8654$  and  $0.6525$ , respectively) (Table I). The patients with tumor size <5 cm and ≥5 cm were 195 and 167, respectively. The patients with tumor location at colon and rectum were 257 and 105, respectively. The patients with and without lymph node metastasis were 152 and 210, respectively (Table I).

The distributions of the *MMP-7* A-181G and C-153T genotypes among the 362 non-cancer healthy controls and the 362 CRC patients are presented and analyzed in Table II. First, the results showed that the genotype of *MMP-7* C-153T were the same among all the Taiwanese (Table II lower panel). Second, the genotypes of *MMP-7* A-181G were not differently distributed between case and control groups ( $p$  for trend=0.7145) (Table II upper panel). In detail, the *MMP-7* A-181G homozygous GG and heterozygous AG were not associated with altered CRC risk, compared with wild-type CC genotype (adjusted OR=0.74 and 0.88, 95%CI=0.35-2.34 and 0.61-1.23,  $p=0.5688$  and  $0.5371$ , respectively; Table II upper panel). In the dominant model, there was no association between the AG+GG genotype of *MMP-7* A-181G and CRC risk, compared with AA wild-type genotype (adjusted OR=0.83, 95%CI=0.58-1.57,  $p=0.4410$ , Table II upper panel).

Table II. Distributions of matrix metalloproteinase-7 A-181G and C-153T genotypic frequencies among colorectal cancer patients and healthy controls.

	Cases, n (%)	Controls, n (%)	Adjusted OR (95%CI) <sup>a</sup>	p-Value <sup>b</sup>
A-181G				
AA	318 (87.8)	311 (85.9)	1.00 (Reference)	
AG	38 (10.5)	43 (11.9)	0.88 (0.61-1.23)	0.5371
GG	6 (1.7)	8 (2.2)	0.74 (0.35-2.34)	0.5688
AG+GG	44 (12.2)	51 (14.1)	0.83 (0.58-1.57)	0.4410
$P_{trend}$				0.7145
C-153T				
CC	362 (100.0)	362 (100.0)	1.00 (Reference)	
CT	0 (0.0)	0 (0.0)	--	
TT	0 (0.0)	0 (0.0)	--	
$P_{trend}$				

OR, Odds ratio; CI, confidence interval. <sup>a</sup>Data have been adjusted for confounding factors age, gender, smoking, alcohol and betel quid consumption. <sup>b</sup>Based on Chi-square test without Yates' correction.

Table III. Allelic frequencies for matrix metalloproteinase-7 A-181G and C-153T polymorphisms among the colorectal cancer patients and healthy controls.

Allelic type	Cases, n (%) n=724	Controls, n (%) n=724	Adjusted OR (95% CI) <sup>a</sup>	p-Value <sup>b</sup>
A-181G				
Allele A	674 (93.1)	665 (91.9)	1.00 (Reference)	0.3700
Allele G	50 (6.9)	59 (8.1)	0.86 (0.64-1.31)	
C-153T				
Allele C	724 (100.0)	724 (100.0)	1.00 (Reference)	
Allele T	0 (0.0)	0 (0.0)	--	

OR, Odds ratio; CI, confidence interval. <sup>a</sup>Data have been adjusted for confounding factors age, gender, smoking, alcohol and betel quid consumption. <sup>b</sup>Based on Chi-square test without Yates' correction.

To confirm the results in Table II, analysis of allelic frequency distribution for the *MMP-7* A-181G and C-153T was further conducted and the results are presented in Table III. Supporting the findings that genotype of *MMP-7* A-181G was not associated with CRC risk, the variant allele G was found at 6.9% in the case group, non-significantly of similar level with that of 8.1% in the control group (adjusted OR=0.86, 95% CI=0.64-1.31,  $p=0.3700$ ) (Table III upper panel). At the same time, there was no T allele found in any of the subject investigated (Table III lower panel).

Since smoking and alcohol drinking habits are well-known risk factors for CRC in Taiwan, we were interested in

Table IV. Odds ratios for matrix metalloproteinase-7 A-181G genotype and colorectal cancer after stratification by smoking status.

Genotype	Non-smokers, n		OR (95%CI) <sup>b</sup>	aOR (95%CI) <sup>a</sup>	p-Value	Smokers, n		OR (95%CI) <sup>a</sup>	aOR (95%CI) <sup>b</sup>	p-Value
	Controls	Cases				Controls	Cases			
AA	240	238	1.00 (ref)	1.00 (ref)		71	80	1.00 (ref)	1.00 (ref)	
AG	34	28	0.83 (0.49-1.41)	0.87 (0.54-1.73)	0.4927	9	10	0.99 (0.38-2.56)	1.04 (0.57-2.18)	0.9771
GG	4	5	1.26 (0.33-4.75)	1.14 (0.45-2.58)	0.7513	4	1	0.22 (0.02-2.03)	0.48 (0.53-1.89)	0.1958
Total	278	271				84	91			

CI, Confidence interval; <sup>a</sup>OR, adjusted odds ratio. <sup>a</sup>By multivariate logistic regression analysis; <sup>b</sup>by multivariate logistic regression analysis after adjusted of age, gender and alcohol drinking status; \*statistically significant.

Table V. Odds ratios for matrix metalloproteinase-7 A-181G genotype and colorectal cancer after stratification by alcohol drinking status.

Genotype	Non-drinker, n		OR (95%CI) <sup>a</sup>	aOR (95%CI) <sup>b</sup>	p-Value	Drinkers, n		OR (95%CI) <sup>a</sup>	aOR (95%CI) <sup>b</sup>	p-Value
	Controls	Cases				Controls	Cases			
AA	268	283	1.00 (ref)	1.00 (ref)		43	35	1.00 (ref)	1.00 (ref)	
AG	36	30	0.79 (0.47-1.32)	0.85 (0.71-1.29)	0.3644	7	8	1.40 (0.46-4.25)	1.24 (0.47-3.21)	0.5472
GG	7	5	0.68 (0.21-2.16)	0.79 (0.54-1.93)	0.5063	1	1	1.23 (0.07-20.36)	1.12 (0.38-17.87)	1.0000
Total	311	318				51	44			

CI, Confidence interval; <sup>a</sup>OR, adjusted odds ratio. <sup>a</sup>By multivariate logistic regression analysis; <sup>b</sup>by multivariate logistic regression analysis after adjusted of age, gender and smoking status; \*statistically significant.

investigating the interactions between the genotype of *MMP-7* A-181G and personal cigarette smoking and alcohol drinking behaviors. Firstly, among smokers, those with AG and GG genotypes at *MMP-7* A-181G were at 0.83- and 1.26-fold odds of having CRC (95% CI=0.49-1.41 and 0.33-4.75,  $p=0.4927$  and  $0.7513$ , respectively) conferring no risky effect, while this non-significant effect was also the case for non-smokers (Table IV). After adjusting for age, gender and alcohol drinking status, statistical non-significance still existed at a similar level (Table IV). Secondly, among alcohol drinkers, those with AG and GG genotypes at *MMP-7* A-181G were at 0.79- and 0.68-fold odds of having CRC (95% CI=0.47-1.32 and 0.21-2.16,  $p=0.3644$  and  $0.5063$ , respectively) conferring no risky effect, while this non-significant effect was also the case for non-drinkers (Table V). After adjusting for age, gender and smoking status, results were still non-significant either (Table V).

The correlations between genotypes of *MMP-7* A-181G and clinicopathological features of 362 CRC patients were further stratified and analyzed in Table VI. No statistically significant correlation was observed between *MMP-7* A-181G genotypic distributions and age, gender, tumor size, location or metastasis status (all  $p>0.05$ ) (Table VI).

Table VI. Correlation between matrix metalloproteinase-7 A-181G genotypes and clinicopathological properties of 362 colorectal cancer patients.

Characteristics	Case number	Genotypes			p-Value <sup>a</sup>
		AA (%)	AG (%)	GG (%)	
Age (years)					
≤60	95	85 (89.5)	8 (8.4)	2 (2.1)	
>60	267	233 (87.3)	30 (11.2)	4 (1.5)	0.6964
Gender					
Male	203	180 (88.7)	19 (9.4)	4 (1.9)	
Female	159	138 (86.8)	19 (11.9)	2 (1.3)	0.6444
Tumor size					
<5 cm	195	166 (85.1)	24 (12.3)	5 (2.6)	
≥5 cm	167	152 (91.0)	14 (8.4)	1 (0.6)	0.1517
Location					
Colon	257	220 (85.6)	32 (12.5)	5 (1.9)	
Rectum	105	98 (93.3)	6 (5.7)	1 (1.0)	0.1241
Lymph node metastasis					
Negative	210	188 (89.5)	18 (8.6)	4 (1.9)	
Positive	152	130 (85.5)	20 (13.2)	2 (1.3)	0.3479

<sup>a</sup>Based on Chi-square test without Yates's correction; \*statistically significant.

## Discussion

Under normal conditions, *MMP-7* is in charge of degrading several ECM macromolecules such as casein, type I-V gelatins, fibronectins and proteoglycans (33). There are a few investigations specifically examine the phenotypic role of *MMP-7* in CRC carcinogenesis. Firstly, the *MMP-7* protein is found to be highly expressed in the luminal surface of dysplastic glands in human CRC patients (33). Secondly, from the clinical practice viewpoint, *MMP-7* inhibitors can potentially be applied to control the invasive capacity of cancers (34). Thirdly, *MMP-7* was found to be highly expressed in advanced colorectal adenomatous and involved in converting colorectal adenomas into malignant state and facilitating the cancer growth (35). According to the highlights above, it is reasonable that hereditary genomic information coded by various polymorphisms on *MMP-7* may determine differential responses and personal susceptibility to CRC in the processes in inflammation, tumor initiation, invasion and metastasis.

In the current study, we firstly examined the contribution of *MMP-7* genotypes to CRC susceptibility in Taiwan, where CRC is the highest prevalent cancer in the country for many years. The polymorphisms at the promoter region of the genes are most likely to determine the expression level of it. Thus, in the research design for selection the polymorphic sites, we aimed at investigating the most common examined promoter polymorphism at *MMP-7* A-181G. In addition, we have also investigated the genotypes at *MMP-7* C-153T, which is also a polymorphic site at promoter region while less examined by genomic scientists. The results showed that the G allele of *MMP7* A-181G were non-significantly associated with altered risk to CRC (Tables II and III). There were no variant genotypes at *MMP-7* C-153T for Taiwanese (Tables II and III). As far as we are aware, the current study is the first to reveal the genotypic contribution of *MMP-7* promoter genotypes to CRC in Taiwan. Different from the previous findings that higher frequency of GG genotype at *MMP-7* A-181G among the CRC patients with T3/T4 stage, N1/N2 stage and with lymphovascular invasion (29), we did not find similar correlation between the *MMP-7* A-181G genotype and age, gender, tumor size, location or metastasis status (Table VI). This may be due to different target populations investigated, and the small percentages and numbers of those with GG genotypes at *MMP-7* A-181G among Taiwanese.

The current findings may encourage genomic scientists to figure out the combinative effects among several genes on CRC and other diseases. Also, the contribution of *MMP-7* protein to the ECM alteration during carcinogenesis in complex and should be taken into consideration with other MMPs. Our findings in cancer or clinicopathological parameter association and those of Woo are negative while analyzing only *MMP-7* A-181G itself, while the combined *MMP7-181A-MMP1-1,607dupG-MMP3-1,171A-MMP12-*

82A haplotypes were significantly more frequent in CRC patients than in healthy controls (28).

In conclusion, this study investigated the contribution of *MMP-7* promoter genotypes and the interaction of them with smoking and alcohol drinking status to determine personal susceptibility to CRC. The genotypes of *MMP-7* A-181G and C-153T may play an indirect role in determining personal susceptibility to CRC and the prognosis, the combinative effects of *MMP-7* and other genes (such as other MMPs) on CRC susceptibility and prognosis, should be taken into consideration spontaneously in the precision medicine era.

## Conflicts of Interest

The Authors declare no conflicts of interest in regard to this study.

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